



We are grateful for your patience and support during the COVID-19 global pandemic. As you know, this outbreak led to unprecedented changes in medical community and broadly.

In order to follow CDC guidelines and help prevent exposure and spread of the COVID-19 virus, we have made adjustments in our environment, policies, and procedures. Our patients' health and safety are of paramount importance.

We will be screening staff and all patients for symptoms of COVID-19 and request that sick patients stay home. We have implemented enhanced sanitization protocols and are adhering to socially distant appointments.

Read the important guidelines below before scheduling and coming to the office for your appointment.

- **You must wear a mask to your appointment.**
- **You must arrive at your appointment on time. Due to social distancing appointments, we may not be able to accommodate late patients.**
- **Patient temperature and symptom screening will be performed upon arrival.**
- **Patients will be limited to one individual guest and they must be necessary for assistance during the office visit. The guest must be 16 years old or older.**
- **Guests that are non-essential for the office visit will be asked to wait outside of the office (not in the exam room or waiting room). We ask that children not accompany adult patients to appointments made for an adult patient.**
- **We will not be able to service more than one patient in an exam room per visit.**

Please call to reschedule your appointment and do not come to an in-office appointment if you have any symptoms of COVID-19, and/or the following:

Fever (Temperature above 100.4)

Cough

Difficulty breathing/Shortness of breath

Headache

Sore throat

Loss of taste

Loss of smell

Muscle pain

If you believe that you have been exposed to COVID-19, the CDC recommends you contact your primary health care provider.

Please continue to protect yourself and others by washing your hands frequently, covering your mouth when coughing or sneezing, and avoid touching your face and eyes. Try to avoid close contact with anyone who has a cough or fever.

For additional information about COVID-19, please refer to the [CDC website](#).

Optimal Wellness Chiropractic remains committed to providing you with excellent care in a safe environment. We appreciate your understanding as we do our part to slow the spread of COVID-19 in Georgia.